

CBP CONTROLLING HIGH BLOOD PRESSURE



Table of Contents

- Purpose of Measure
- Blood Pressure Control
- Exclusions
- Admin Compliance



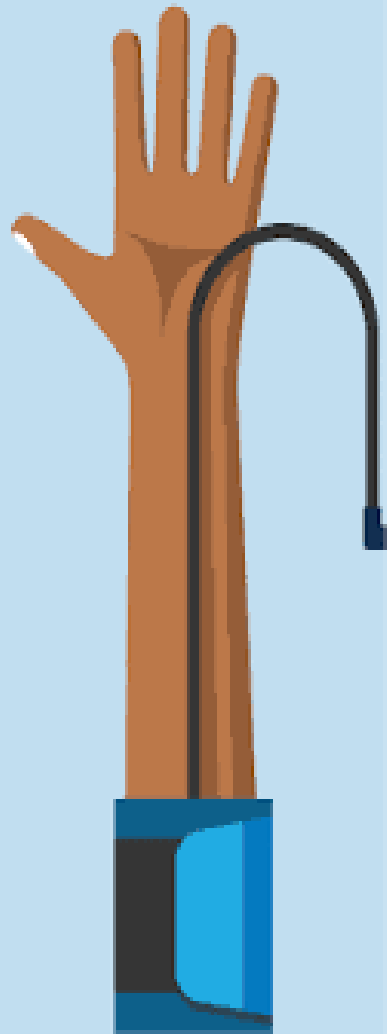
Purpose of CBP (Controlling High Blood Pressure)



18 - 85 years of age

Who had a diagnosis of hypertension (HTN)

Whose blood pressure (BP) was adequately controlled ($<140/90$) on the latest qualifying during the measurement year (2026)



Ranges are
in **millimeters**

180+ —AND/OR— 120+	Hypertensive Urgency or Emergency
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140+ —OR— 90+	Stage 2 Hypertension
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130-139 —OR— 80-89	Stage 1 Hypertension
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120-129 —AND— <80	Elevated Blood Pressure
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<120 —AND— <80	Normal Blood Pressure
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Enter latest qualifying BP reading.

For Example:

- BP reading 12/15/2026 120/80
- BP reading 12/20/2026 142/90

Enter the BP reading from 12/20/2026, if its from a visit with no test/procedures done on DOS that would prohibit the BP reading from the being used.



Reviewing the Medical Record

Review the medical record for the most recent, qualifying blood pressure reading in 2026.

There will be two admin dates for hypertension on the Data entry screen.

The BP reading must occur on or after the second diagnosis of HTN (latest diagnosis of HTN).

Enter the latest qualifying BP reading in 2026 on aor after 01/31/2026.

Enter Data

If multiple BP readings are documented in 2026,. Enter all BP readings found on that DOS.

Example:

If the member's BP reading on 06/30/2026 were **140/85** and **138/90** on the most recent date in 2026.

- Enter 06/30/2026 as the DOS and 138/90 and 140/85. The system will score appropriately.

Correct Member? MR DOB Additional Chase Details (Optional)

☐ Admin ☐ Supplemental ☐ EVE Add

Required Member Data

Demographic

Race Ethnicity Evidence Page # Source

Administrative Dates For Diagnosis Of HTN Between

Date Source

Date Source

B/P Reading Date Must Be On Or After The Last Admin Date In

Date	Systolic	Diastolic	Source	
06/08/2025			ADMI	
Date	Systolic	Diastolic	Evidence Page #	Source
06/30/2026	140	85		-
06/30/2025	138	90		-

IRC - BP Controlled

B/P found after ADMIN Da



BP readings are acceptable from:

Progress notes/SOAP notes

Consultation notes

Urgent Care Visits

Office Visits for BP

Home Health Visits

Nursing Home

Self reported BP

Average BP

Vital sign flowsheet

Do NOT use the following BP readings:

Taken during an Acute inpatient stay.

Taken by the member using a non digital device.

Taken on the same day as diagnostic testing.

Taken on same day with a change in diet or medication

Testing that require a diet change:

Colonoscopy

Dialysis

Nebulizer Treatment

Echo with Contrast

Acceptable Diagnostic Tests:



Vaccinations, TB Test



Injections



Pap smears, IUD



EKGs



Fasting labs



Eye exam with dialating agents



Wart or mole removal



ECHO without contrast



Arthrocentesis

Blood Pressure Control Guidelines

- Stress Tests can be either acceptable or unacceptable depending on the chart. If a medication was given during the stress test or a change in medication was noted, then it would be unacceptable. If it's only an exercise stress test with no changes in medications noted, then it would be acceptable
- If a member's latest BP reading is an incorrect BP reading (e.g., 11/92), do not enter the BP reading/date, and do not back up to a previous reading since this is the latest reading. Leave the BP reading blank and choose the appropriate negative reason code
- If a member's latest BP reading is a partial BP reading (e.g., 140/blank), enter the partial BP reading and the date

Blood Pressure Control Guidelines

- If the latest progress note has a notation of "vital signs were done" or "BP in good control" but there are no values documented in the note, do not enter the BP reading or date, and do not back up to the previous reading, as it appears there was a blood pressure reading done on the latest date of service. Leave the BP reading blank and choose the appropriate negative reason code.
- Do not enter normal ranges that are given beside the BP reading.
 - For example: Many charts will have documentation such as: "BP 124/86 (100-120/56-80)." The 120/56 is not a BP reading. 100-120 is the normal range for the systolic reading, and 56-80 is the normal range for the diastolic reading. Do not enter the ranges. Only enter 124/86

Blood Pressure Reading Examples

Example shows a vital signs section with a BP reading and a normal range of BP readings. Enter 124/86 if this is the latest BP reading in the record. Do NOT enter 120/56, as this is part of the normal BP reading range.

Vital Signs

BP: 124/86 (100-120/ 56-80).

Resp: 17

Pulse: 82

Temp: 97.2

Weight 125.3 lbs.

Height 5'5

Example shows a vital signs section in 2025 but there is only the systolic value and no diastolic value listed. This blood pressure can be used. Enter the date 09/12/2025 and the systolic reading of 124. Leave the diastolic reading blank.

Progress Notes

09/12/2024

BP:	124/
BP Location:	Left ar m
Patient Position:	Sitting
Pulse:	85
Temp:	98.4 °F (36.9 °C)
TempSrc:	Oral
SpO2:	98%
	(!) 329 lb (149.2 kg)
	6' (1.829 m)

Unacceptable BP Readings

Example shows an unacceptable blood pressure reading. Progress note is from a Medical Center/Hospital setting. This is most likely the latest BP reading in the year since it is on 12/31/2025 but it cannot be used as blood pressure readings from an inpatient setting are NOT acceptable. Look at the prior BP reading to see if it is acceptable.

DATE OF PROGRESS NOTE: 12/31/2025

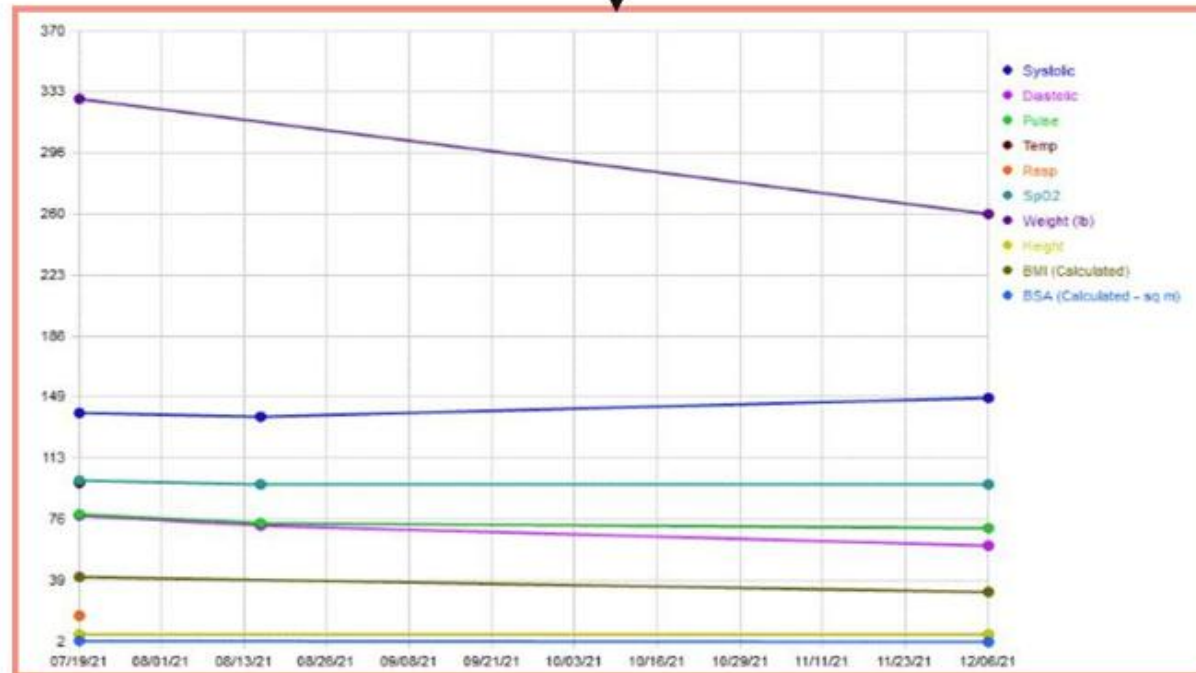
INTERVAL HISTORY: Patient seen and examined in bed. Denies any chest pain, shortness of breath. Patient presented with orthopnea.

PHYSICAL EXAMINATION:

VITAL SIGNS: Temperature 37, pulse rate 62, respiratory rate 20, blood pressure 134/65, SpO2 99% on room air.

BP GRAPH

A BP graph is acceptable to use if it has numbers next to the plots on the graph. If the BP graph does not have numbers next to the plot on the graph, as seen in the example on the left, we cannot estimate BP readings.



EXCLUSIONS

- An Exclusion is also referred to as a Hard Exclusion. An Exclusion is a reason the health plan must remove a member from the sample. If an Exclusion is found in a chart, the health plan must replace the member with another member in the sample, even if the member is compliant.
- If an Exclusion is found in the chart, enter it on the Data Entry screen, but also abstract any numerators found in the chart as well (e.g., BP readings, eye exams, pap smears, etc.). Always abstract even if you are entering an Exclusion. The health plan will determine whether they need to remove the member from the sample

FYI: Each healthcare company have their own set of guidelines.

EXCLUSIONS

- Member died anytime in 2026.
- Member admitted to a non-acute facility anytime in 2026.
- Member with evidence of end-stage renal disease (ESRD), nephrectomy, kidney transplant and/or dialysis on or prior to December 31st of the measurement
- Member With a diagnosis Of pregnancy any time during 2026
- Member received palliative care during 2026.
- Members Who use hospice services or elect to use a hospice benefit during 2026.

End